

## BOOK REVIEW

TOM STANDAGE. 2010. **An Edible History of Humanity**. (ISBN 978-0-8027-1991-1, pbk.). Walker & Company, 175 Fifth Avenue, New York, New York 10010, U.S.A. (**Orders:** [www.amazon.com](http://www.amazon.com) or MPS Distribution Center, 16365 James Madison Highway, Gordonsville, Virginia 22942-8501, U.S.A., 1-888-330-8477). \$16.00, 288 pp., 5 1/2" × 8 1/4"

In his book *An Edible History of Humanity*, Tom Standage leads readers through the buffet-line of history allowing an insight into the past which so many previous writers of this genre have neglected. Standage focuses on a dimension of history in which the affect food has on a civilization takes precedence. In this way Standage brings to light the enormous impact food has had on trade, politics, and war. *An Edible History of Humanity* offers a sampling of food's influence on the world's most notorious historical events and figures such as the spice trade, Columbus, and even the collapse of the Soviet Union. Standage mixes in a most refreshing and unique blend of flavorful information which will keep readers enthralled as they come across each savory addition to their knowledge-base of history.

Well-written and refreshing, *An Edible History of Humanity* is a must read for any history buff or foodie.—Quincy Meeher, BRIT volunteer, Georgetown, Texas, U.S.A.